

Plan studiów I stopnia kierunek Wychowanie Fizyczne - Specjalność: Gimnastyka korekcyjno-kompensacyjna_niestacjonarne_30.06.2015, korekta 28.06.2016

| Przedmiot | Ogółem godzin | Wykłady | Ćwiczenia | I stopień | | | | | | | | | | | | | | | | | | | | | | | | ECT S ogół em |
|---|---------------|---------|-----------|-----------|----|--------|------|---------|----|--------|------|--------|----|--------|------|--------|----|--------|------|---------|----|--------|------|--------|----|--------|------|---------------|
| | | | | I rok | | | | | | | | II rok | | | | | | | | III rok | | | | | | | | |
| | | | | 15 tyg | | | | 15 tyg | | | | 15 tyg | | | | 15 tyg | | | | 15 tyg | | | | 15 tyg | | | | |
| | | | | I sem | | II sem | | III sem | | IV sem | | V sem | | VI sem | | I sem | | II sem | | III sem | | IV sem | | V sem | | VI sem | | |
| W | Ćw | Egz | ECTS | W | Ćw | Egz | ECTS | W | Ćw | Egz | ECTS | W | Ćw | Egz | ECTS | W | Ćw | Egz | ECTS | W | Ćw | Egz | ECTS | W | Ćw | Egz | ECTS | |
| Grupa przedmiotów przygotowania ogólnego | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Technologia informacyjna | 18 | | 18 | | 9 | | 1 | | 9 | | 1 | | | | | | | | | | | | | | | | 2 | |
| Ochrona włas. intelektualnej | 9 | 9 | | 9 | | | 1 | | | | | | | | | | | | | | | | | | | | 1 | |
| Organizacja i prawo oświatowe | 18 | 9 | 9 | 9 | 9 | | 2 | | | | | | | | | | | | | | | | | | | | 2 | |
| Pierwsza pomoc przedmedyczna | 9 | | 9 | | 9 | | 1 | | | | | | | | | | | | | | | | | | | | 1 | |
| Grupa przedmiotów przygotowania w zakresie kształcenia podstawowego | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Anatomia | 36 | 9 | 27 | | 18 | | 3 | 9 | 9 | E | 3 | | | | | | | | | | | | | | | | 6 | |
| Antropologia | 27 | 9 | 18 | | | | | | | | | | | | | | | 9 | 18 | E | 3 | | | | | | 3 | |
| Biochemia | 18 | 9 | 9 | | | | | 9 | 9 | E | 3 | | | | | | | | | | | | | | | | 3 | |
| Fizjologia | 36 | 9 | 27 | | | | | | | | | 18 | 3 | 9 | 9 | E | 3 | | | | | | | | | | 6 | |
| Teoria Wychowania Fizycznego | 36 | 9 | 27 | | | | | | | | | 9 | 18 | 3 | | 9 | E | 4 | | | | | | | | | 7 | |
| Historia Kultury Fizycznej | 18 | 9 | 9 | 9 | 9 | E | 2 | | | | | | | | | | | | | | | | | | | | 2 | |
| Grupa przedmiotów przygotowania w zakresie merytorycznym do nauczania przedmiotu wychowanie fizyczne | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Antropomotoryka | 27 | 9 | 18 | | | | | | | | | | | | | | | | | | | | | 9 | 18 | E | 3 | 3 |
| Biomechanika | 27 | 9 | 18 | | | | | | | | | 9 | 18 | E | 4 | | | | | | | | | | | | 4 | |
| Emisja głosu | 18 | 9 | 9 | 9 | 9 | | 2 | | | | | | | | | | | | | | | | | | | | 2 | |
| Higiena szkolna | 12 | 6 | 6 | | | | | 6 | 6 | | 2 | | | | | | | | | | | | | | | | 2 | |
| Rytmika i taniec | 9 | | 9 | | 9 | | 1 | | | | | | | | | | | | | | | | | | | | 1 | |
| Zabawy i gry ruchowe | 18 | | 18 | | 18 | | 2 | | | | | | | | | | | | | | | | | | | | 2 | |
| Edukacja zdrowotna | 18 | 9 | 9 | | | | | | | | | | | | | | | 9 | 9 | | 2 | | | | | | 2 | |
| T i M Gimnastyki | 27 | 3 | 24 | 3 | 6 | | 1 | 9 | | 1 | | 9 | E | 2 | | | | | | | | | | | | | 4 | |
| T i M Lekkiej Atletyki | 27 | 3 | 24 | 3 | 6 | | 1 | 9 | | 1 | | | | | 9 | E | 2 | | | | | | | | | | 4 | |
| T i M Pływania | 27 | 9 | 18 | 9 | 9 | | 2 | 9 | E | 2 | | | | | | | | | | | | | | | | | 4 | |
| T i M Koszykówki | 18 | | 18 | | | | | 18 | | 2 | | | | | | | | | | | | | | | | | 2 | |
| T i M Piłki ręcznej | 18 | | 18 | | | | | | | | | 18 | | 2 | | | | | | | | | | | | | 2 | |
| T i M Piłki nożnej | 18 | | 18 | | | | | | | | | | | | 18 | | 2 | | | | | | | | | | 2 | |
| T i M Piłki siatkowej | 18 | | 18 | | 18 | | 2 | | | | | | | | | | | | | | | | | | | | 2 | |
| Sprawność wszechstronna | 18 | | 18 | | 18 | | 2 | | | | | | | | | | | | | | | | | | | | 2 | |
| T i M Hokeja na trawie | 18 | | 18 | | | | | | | | | | | | | | | 18 | E | 2 | | | | | | | 2 | |
| Grupa przedmiotów przygotowania w zakresie psychologiczno-pedagogicznym | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Pedagogika ogólna | 45 | 15 | 30 | | | | | 15 | 30 | E | 4 | | | | | | | | | | | | | | | | 4 | |
| Psychologia ogólna | 45 | 15 | 30 | 15 | 30 | E | 4 | | | | | | | | | | | | | | | | | | | | 4 | |
| Pedagogika wczesnoszkolna | 30 | 15 | 15 | | | | | | | | | 15 | 15 | | 2 | | | | | | | | | | | | 2 | |
| Psychologia aktywności sportowej | 30 | 15 | 15 | | | | | 15 | 15 | E | 2 | | | | | | | | | | | | | | | | 2 | |
| Grupa przedmiotów przygotowania w zakresie dydaktycznym | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Podstawy dydaktyki | 30 | 15 | 15 | | | | | | | | | 15 | 15 | | 2 | | | | | | | | | | | | 2 | |
| Dydaktyka WF (I i II poziom ed.) | 90 | 30 | 60 | | | | | | | | | 15 | 15 | | 2 | 15 | 15 | | 2 | | | | 30 | E | 2 | | 6 | |

| Grupa przedmiotów - Specjalność Gimnastyka Korekcyjno-Kompensacyjna | | | | | | | | | | | | | | | | | | | | | | | | |
|---|----|----|----|--|--|--|--|---|--|--|---|--|--|----|----|----|---|---|----|----|----|---|---|---|
| Anatomia funkcjonalna | 26 | 13 | 13 | | | | | | | | | | | | 13 | 13 | | 2 | | | | 2 | | |
| Podstawy kinezyterapii | 26 | 13 | 13 | | | | | | | | | | | 13 | 13 | | 2 | | | | | 2 | | |
| Zaburzenia i defekty w statyce ciała | 41 | 13 | 28 | | | | | | | | | | | | | | | | 13 | 28 | E | 4 | 4 | |
| Teoria i Praktyka postępowania profilaktycznego i korekcyjnego | 56 | 13 | 43 | | | | | | | | | | | | | | | | 13 | 15 | | 2 | 6 | |
| Metodyka ruchowych zajęć korekcyjno-kompensacyjnych | 26 | 13 | 13 | | | | | | | | | | | 13 | 13 | | 2 | | | | 28 | E | 4 | 2 |
| Realizacja ćwiczeń KK w jednostce lekcyjnej | 12 | 12 | - | | | | | | | | | | | | | | | | 12 | | | 1 | 1 | |
| Zabawy i gry o charakterze korekcyjno-kompensacyjnym | 12 | | 12 | | | | | | | | | | | | | | | | | 12 | | 1 | 1 | |
| Pływanie korekcyjne | 12 | - | 12 | | | | | | | | | | | | | | | | | 12 | | 1 | 1 | |
| Dokumentacja postępowania korekcyjnego | 12 | 12 | - | | | | | | | | | | | | | | | | | | 12 | | 1 | 1 |
| Metody specjalne stosowane w GKK | 26 | 13 | 13 | | | | | | | | | | | | | | | | | 13 | 13 | | 2 | 2 |
| Grupa przedmiotów do wyboru | | | | | | | | | | | | | | | | | | | | | | | | |
| Wykłady monograficzne | 27 | 27 | - | | | | | | | | | | | | | | | | | | | | | |
| blok I - sem. 2 (1 z 2) | | | | | | | | 9 | | | 1 | | | | | | | | | | | | | 1 |
| Antropologia kulturowa | 9 | 9 | | | | | | | | | | | | | | | | | | | | | | |
| Natura czy kultura - czyli co nas stwarza | 9 | 9 | | | | | | | | | | | | | | | | | | | | | | |
| blok II - sem. 5 (1 z 3) | | | | | | | | | | | | | | | | | | | 9 | | | 1 | | 1 |
| Głos - instrument, na którym gra każdy | 9 | 9 | | | | | | | | | | | | | | | | | | | | | | |
| Biologiczne mechanizmy zachowania | 9 | 9 | | | | | | | | | | | | | | | | | | | | | | |
| Trendy w biologii | 9 | 9 | | | | | | | | | | | | | | | | | | | | | | |
| blok III - sem. 6 (1 z 3) | | | | | | | | | | | | | | | | | | | | | 9 | | 1 | 1 |
| Patofizjologia bólu | 9 | 9 | | | | | | | | | | | | | | | | | | | | | | |
| Lekkoatletyka. Geneza - historia - współczesność. | 9 | 9 | | | | | | | | | | | | | | | | | | | | | | |
| Antropologia w praktyce | 9 | 9 | | | | | | | | | | | | | | | | | | | | | | |
| Sporty różne i gry regionalne | 36 | | 36 | | | | | | | | | | | | | | | | | | | | | |
| blok I - sem. 2 (1 z 4) | | | | | | | | 9 | | | 1 | | | | | | | | | | | | | 1 |
| Fitness - formy wzmacniające | 9 | | 9 | | | | | | | | | | | | | | | | | | | | | |
| Tenis stołowy/speedbadminton | 9 | | 9 | | | | | | | | | | | | | | | | | | | | | |
| Wrotkarstwo | 9 | | 9 | | | | | | | | | | | | | | | | | | | | | |
| Kettlebells/TRX | 9 | | 9 | | | | | | | | | | | | | | | | | | | | | |
| blok II - sem. 4 (1 z 5) | | | | | | | | | | | | | | | 9 | | 1 | | | | | | | 1 |
| Gry wybranych regionów świata | 9 | | 9 | | | | | | | | | | | | | | | | | | | | | |
| Tenis | 9 | | 9 | | | | | | | | | | | | | | | | | | | | | |
| Fitness - siłownia | 9 | | 9 | | | | | | | | | | | | | | | | | | | | | |
| Nowoczesne formy treningu uzupełniającego | 9 | | 9 | | | | | | | | | | | | | | | | | | | | | |
| Cross Fitess | 9 | | 9 | | | | | | | | | | | | | | | | | | | | | |
| blok III - sem. 5 (1 z 6) | | | | | | | | | | | | | | | | | | | | 9 | | 1 | | 1 |
| Zabawy i gry drużynowe | 9 | | 9 | | | | | | | | | | | | | | | | | | | | | |
| Aqua-fitness | 9 | | 9 | | | | | | | | | | | | | | | | | | | | | |
| Fitness - formy aerobowe | 9 | | 9 | | | | | | | | | | | | | | | | | | | | | |

