

## Blended Intensive Programme

### **“OVERCOMING CULTURAL ISSUES IN PATIENTS CARE: TRANSCULTURAL NURSING APPROACH” (3 ECTS)**

**Main aim** - to equip students with the knowledge, skills, and attitudes necessary to deliver culturally sensitive and ethically grounded care in diverse healthcare settings. By fostering an understanding of the influence of cultural factors on health beliefs and behaviors, the course prepares students to communicate effectively, apply transcultural nursing theories, address ethical challenges, and collaborate in multicultural teams to ensure holistic and inclusive patient care.

#### **Learning outcomes and competencies:**

- Identify and understand the influence of cultural factors on patient health beliefs and behaviors, fostering an environment of respect and empathy in healthcare settings.
- Communicate effectively with patients from diverse cultural backgrounds, employing both verbal and non-verbal strategies to overcome language barriers and enhance patient understanding and comfort.
- Analyze and apply transcultural nursing theories and models to assess healthcare challenges and devise appropriate care strategies that are sensitive to cultural differences.
- Recognize and navigate ethical issues in transcultural nursing, making informed decisions that respect the cultural and ethical contexts of the patients’ care.
- Implement learned concepts in practical scenarios, demonstrating competence in simulated environments and real-world clinical settings to provide culturally appropriate care.
- Work collaboratively in international and multicultural teams, enhancing problem-solving capabilities and professional relationships through effective teamwork and communication.

**Target group:** Bachelor degree students studying nursing, physiotherapy related fields.

#### **Dates:**

Online part: 27<sup>th</sup> of April 2026 – 30<sup>th</sup> of April 2026.

Face-to-face part: 4<sup>th</sup> of May 2026 – 8<sup>th</sup> of May 2026.

Online part	
Monday, 27 <sup>th</sup> of April, 2026.	<b>Introduction to Transcultural Nursing and Cultural Competence</b> (gaining an understanding of the importance of cultural competence in nursing and explore the fundamental concepts of transcultural nursing).

<b>Tuesday,</b> 28 <sup>th</sup> of April, 2026.	<b>Transcultural Nursing Theoretical Frameworks and Cultural Assessment Models</b> (introducing essential transcultural nursing models and frameworks that serve as a foundation for providing culturally competent care).
<b>Wednesday,</b> 29 <sup>th</sup> of April, 2026.	<b>Communication in Culturally Diverse Healthcare Environment</b> (learning to perform cultural assessments and developing effective communication skills for interacting with patients from diverse cultural backgrounds).
<b>Thursday,</b> 30 <sup>th</sup> of April, 2026.	<b>Cultural Issues in Health Beliefs and Practices</b> (exploring how cultural beliefs and practices shape health behaviors and influence decision-making in healthcare settings). <b>Ethics in Transcultural Nursing Practice</b> (examining ethical dilemmas and considerations in nursing practice when caring for patients across diverse cultures and countries).
<b>Face-to-face part</b>	
<b>Monday,</b> 4 <sup>th</sup> of May, 2026.	Introduction of the course, aims and activities, group work Lecture and workshop Homework presentations institutional presentation Independent work
<b>Tuesday,</b> 5 <sup>th</sup> of May, 2026.	Lectures Field study at rehab centre
<b>Wednesday,</b> 6 <sup>th</sup> of May, 2026.	Field study at Alytus County S. Kudirkos Hospital Lectures and workshops Independent work Educational programme
<b>Thursday,</b> 7 <sup>th</sup> of May, 2026.	Lectures and workshops Independent work, preparation of the presentations and opposition Educational programme
<b>Friday,</b> 8 <sup>th</sup> of May, 2026.	Presentations of the projects. Opponent feedback. Evaluation. Self-reflection Closing ceremony and farewell.

**Online lectures will be conducted on the Google Meet platform.**

**Teacher: Dr. Inga Mikutavičienė, Kauno kolegija Higher Education Institution, Alytus faculty.**